

2007 YOUTH RISK BEHAVIOR SURVEY RESULTS

Steps: Jefferson County - NY High School Survey  
Trend Analysis Report

Question	Prevalence Survey Year										Linear Change	Quadratic Change
	1991	1993	1995	1997	1999	2001	2003	2005	2007			
<b>Total</b>												
<b>Tobacco Use</b>												
Percentage of students who ever tried cigarette smoking, even one or two puffs								53.6	49.9		No	
Percentage of students who smoked a whole cigarette for the first time before age 13 years								17.0	12.2		Yes	
Percentage of students who smoked cigarettes on one or more of the past 30 days								19.4	17.1		No	
Percentage of students who smoked cigarettes on 20 or more of the past 30 days								9.4	9.5		No	
Among students who reported current cigarette use, the percentage who smoked more than 10 cigarettes per day on the days they smoked during the past 30 days								14.0	13.7		No	
Among students who were less than 18 years of age and who reported current cigarette use, the percentage who usually got their own cigarettes by buying them in a store or gas station during the past 30 days								6.6	8.5		No	
Percentage of students who smoked cigarettes on school property on one or more of the past 30 days								4.7	4.1		No	
Percentage of students who ever smoked cigarettes daily, that is, at least one cigarette every day for 30 days								14.1	12.9		No	

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**Trend Analysis Report**

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Question	Prevalence Survey Year										Linear Change	Quadratic Change
	1991	1993	1995	1997	1999	2001	2003	2005	2007			
<b>Total</b>												
<b>Tobacco Use</b>												
Among students who reported current cigarette use, the percentage who ever tried to quit smoking cigarettes during the past 12 months								54.9	51.7		No	

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Question	Prevalence Survey Year										Linear Change	Quadratic Change
	1991	1993	1995	1997	1999	2001	2003	2005	2007			
<b>Total</b>												
<b>Weight Management and Dietary Behaviors</b>												
Percentage of students who were at risk for becoming overweight (i.e., at or above the 85th percentile but below the 95th percentile for body mass index, by age and sex)**								16.3	14.9		No	
Percentage of students who were overweight (i.e., at or above the 95th percentile for body mass index, by age and sex)**								15.0	15.0		No	
Percentage of students who described themselves as slightly or very overweight								33.2	29.2		No	
Percentage of students who were trying to lose weight								47.6	46.2		No	
Percentage of students who exercised to lose weight or to keep from gaining weight during the past 30 days								63.8	67.3		No	
Percentage of students who ate less food, fewer calories, or foods low in fat to lose weight or to keep from gaining weight during the past 30 days								36.7	39.6		No	
Percentage of students who went without eating for 24 hours or more to lose weight or to keep from gaining weight during the past 30 days								9.6	10.1		No	

\*\*Overweight and at risk for becoming overweight prevalence estimates for 1999 differ slightly from previously published results because different BMI cut points were used in 1999 than in subsequent years. To make these prevalence estimates comparable, the 1999 prevalence estimates were recalculated using the updated BMI cut points.

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Question	Prevalence Survey Year										Linear Change	Quadratic Change
	1991	1993	1995	1997	1999	2001	2003	2005	2007			
<b>Total</b>												
<b>Weight Management and Dietary Behaviors</b>												
Percentage of students who took any diet pills, powders, or liquids without a doctor's advice to lose weight or to keep from gaining weight during the past 30 days								3.7	5.6		No	
Percentage of students who vomited or took laxatives to lose weight or to keep from gaining weight during the past 30 days								3.4	4.1		No	
Percentage of students who drank 100% fruit juices one or more times during the past seven days								82.8	79.7		No	
Percentage of students who ate fruit one or more times during the past seven days								86.2	87.2		No	
Percentage of students who ate green salad one or more times during the past seven days								67.0	67.8		No	
Percentage of students who ate potatoes one or more times during the past seven days								73.2	76.0		No	
Percentage of students who ate carrots one or more times during the past seven days								47.6	48.3		No	
Percentage of students who ate other vegetables one or more times during the past seven days								85.5	85.2		No	

\*\*Overweight and at risk for becoming overweight prevalence estimates for 1999 differ slightly from previously published results because different BMI cut points were used in 1999 than in subsequent years. To make these prevalence estimates comparable, the 1999 prevalence estimates were recalculated using the updated BMI cut points.

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Question	Prevalence Survey Year										Linear Change	Quadratic Change
	1991	1993	1995	1997	1999	2001	2003	2005	2007			
<b>Total</b>												
<b>Weight Management and Dietary Behaviors</b>												
Percentage of students who ate fruits and vegetables five or more times per day during the past seven days								16.6	17.6		No	

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Question	Prevalence Survey Year										Linear Change	Quadratic Change
	1991	1993	1995	1997	1999	2001	2003	2005	2007			
<b>Total</b>												
<b>Physical Activity</b>												
Percentage of students who were physically active for a total of at least 60 minutes per day on five or more of the past seven days								40.4	52.5		Yes	
Percentage of students who watched three or more hours per day of TV on an average school day								26.5	28.5		No	
Percentage of students who played video or computer games or used a computer for something that was not school work three or more hours per day on an average school day								21.2	23.0		No	
Percentage of students who attended physical education (PE) classes on one or more days in an average week when they were in school								97.4	95.5		No	
Percentage of students who attended physical education (PE) classes daily in an average week when they were in school								4.9	2.4		Yes	
Percentage of students who played on one or more sports teams during the past 12 months								60.1	64.7		No	

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Question	Prevalence Survey Year										Linear Change	Quadratic Change
	1991	1993	1995	1997	1999	2001	2003	2005	2007			
<b>Total</b>												
<b>Other</b>												
Percentage of students who had ever been told by a doctor or nurse that they had asthma								23.2	24.1		No	

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Question	Prevalence Survey Year										Linear Change	Quadratic Change
	1991	1993	1995	1997	1999	2001	2003	2005	2007			
<b>Male</b>												
<b>Tobacco Use</b>												
Percentage of students who ever tried cigarette smoking, even one or two puffs								52.7	51.9		No	
Percentage of students who smoked a whole cigarette for the first time before age 13 years								18.2	13.4		No	
Percentage of students who smoked cigarettes on one or more of the past 30 days								18.1	17.3		No	
Percentage of students who smoked cigarettes on 20 or more of the past 30 days								9.0	10.0		No	
Percentage of students who smoked cigarettes on school property on one or more of the past 30 days								6.0	5.6		No	
Percentage of students who ever smoked cigarettes daily, that is, at least one cigarette every day for 30 days								13.2	13.0		No	

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Question	Prevalence Survey Year										Linear Change	Quadratic Change
	1991	1993	1995	1997	1999	2001	2003	2005	2007			
<b>Male</b>												
<b>Weight Management and Dietary Behaviors</b>												
Percentage of students who were at risk for becoming overweight (i.e., at or above the 85th percentile but below the 95th percentile for body mass index, by age and sex)**								15.9	14.2		No	
Percentage of students who were overweight (i.e., at or above the 95th percentile for body mass index, by age and sex)**								19.4	22.0		No	
Percentage of students who described themselves as slightly or very overweight								28.2	27.4		No	
Percentage of students who were trying to lose weight								32.8	33.5		No	
Percentage of students who exercised to lose weight or to keep from gaining weight during the past 30 days								53.6	57.7		No	
Percentage of students who ate less food, fewer calories, or foods low in fat to lose weight or to keep from gaining weight during the past 30 days								23.6	25.4		No	
Percentage of students who went without eating for 24 hours or more to lose weight or to keep from gaining weight during the past 30 days								6.8	7.2		No	

\*\*Overweight and at risk for becoming overweight prevalence estimates for 1999 differ slightly from previously published results because different BMI cut points were used in 1999 than in subsequent years. To make these prevalence estimates comparable, the 1999 prevalence estimates were recalculated using the updated BMI cut points.

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Question	Prevalence Survey Year										Linear Change	Quadratic Change
	1991	1993	1995	1997	1999	2001	2003	2005	2007			
<b>Male</b>												
<b>Weight Management and Dietary Behaviors</b>												
Percentage of students who took any diet pills, powders, or liquids without a doctor's advice to lose weight or to keep from gaining weight during the past 30 days								3.6	4.8			No
Percentage of students who vomited or took laxatives to lose weight or to keep from gaining weight during the past 30 days								2.8	1.4			No
Percentage of students who drank 100% fruit juices one or more times during the past seven days								82.5	75.9			No
Percentage of students who ate fruit one or more times during the past seven days								84.0	83.5			No
Percentage of students who ate green salad one or more times during the past seven days								61.2	61.7			No
Percentage of students who ate potatoes one or more times during the past seven days								76.0	74.5			No
Percentage of students who ate carrots one or more times during the past seven days								49.6	45.8			No
Percentage of students who ate other vegetables one or more times during the past seven days								84.2	81.3			No

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Question	Prevalence Survey Year										Linear Change	Quadratic Change
	1991	1993	1995	1997	1999	2001	2003	2005	2007			
<b>Male</b>												
<b>Weight Management and Dietary Behaviors</b>												
Percentage of students who ate fruits and vegetables five or more times per day during the past seven days								19.2	17.9		No	

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Question	Prevalence Survey Year										Linear Change	Quadratic Change
	1991	1993	1995	1997	1999	2001	2003	2005	2007			
<b>Male</b>												
<b>Physical Activity</b>												
Percentage of students who were physically active for a total of at least 60 minutes per day on five or more of the past seven days								47.8	57.2		Yes	
Percentage of students who watched three or more hours per day of TV on an average school day								25.7	31.1		No	
Percentage of students who played video or computer games or used a computer for something that was not school work three or more hours per day on an average school day								24.8	30.0		No	
Percentage of students who attended physical education (PE) classes on one or more days in an average week when they were in school								97.0	95.5		No	
Percentage of students who attended physical education (PE) classes daily in an average week when they were in school								3.9	2.4		No	
Percentage of students who played on one or more sports teams during the past 12 months								62.0	63.1		No	

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Question	Prevalence Survey Year										Linear Change	Quadratic Change
	1991	1993	1995	1997	1999	2001	2003	2005	2007			
<b>Male</b>												
<b>Other</b>												
Percentage of students who had ever been told by a doctor or nurse that they had asthma								21.9	23.6		No	

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Question	Prevalence Survey Year										Linear Change	Quadratic Change
	1991	1993	1995	1997	1999	2001	2003	2005	2007			
<b>Female</b>												
<b>Tobacco Use</b>												
Percentage of students who ever tried cigarette smoking, even one or two puffs								54.4	47.5		No	
Percentage of students who smoked a whole cigarette for the first time before age 13 years								15.7	10.6		Yes	
Percentage of students who smoked cigarettes on one or more of the past 30 days								20.7	16.8		No	
Percentage of students who smoked cigarettes on 20 or more of the past 30 days								9.7	8.9		No	
Percentage of students who smoked cigarettes on school property on one or more of the past 30 days								3.2	2.3		No	
Percentage of students who ever smoked cigarettes daily, that is, at least one cigarette every day for 30 days								15.0	12.5		No	

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Question	Prevalence Survey Year										Linear Change	Quadratic Change
	1991	1993	1995	1997	1999	2001	2003	2005	2007			
<b>Female</b>												
<b>Weight Management and Dietary Behaviors</b>												
Percentage of students who were at risk for becoming overweight (i.e., at or above the 85th percentile but below the 95th percentile for body mass index, by age and sex)**								16.6	15.7			No
Percentage of students who were overweight (i.e., at or above the 95th percentile for body mass index, by age and sex)**								10.3	7.3			No
Percentage of students who described themselves as slightly or very overweight								38.4	31.3			No
Percentage of students who were trying to lose weight								63.0	59.8			No
Percentage of students who exercised to lose weight or to keep from gaining weight during the past 30 days								74.6	77.8			No
Percentage of students who ate less food, fewer calories, or foods low in fat to lose weight or to keep from gaining weight during the past 30 days								50.3	54.5			No
Percentage of students who went without eating for 24 hours or more to lose weight or to keep from gaining weight during the past 30 days								12.5	13.3			No

\*\*Overweight and at risk for becoming overweight prevalence estimates for 1999 differ slightly from previously published results because different BMI cut points were used in 1999 than in subsequent years. To make these prevalence estimates comparable, the 1999 prevalence estimates were recalculated using the updated BMI cut points.

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Question	Prevalence Survey Year										Linear Change	Quadratic Change
	1991	1993	1995	1997	1999	2001	2003	2005	2007			
<b>Female</b>												
<b>Weight Management and Dietary Behaviors</b>												
Percentage of students who took any diet pills, powders, or liquids without a doctor's advice to lose weight or to keep from gaining weight during the past 30 days								3.8	6.0			No
Percentage of students who vomited or took laxatives to lose weight or to keep from gaining weight during the past 30 days								4.0	6.6			No
Percentage of students who drank 100% fruit juices one or more times during the past seven days								83.3	83.8			No
Percentage of students who ate fruit one or more times during the past seven days								88.5	90.9			No
Percentage of students who ate green salad one or more times during the past seven days								73.0	74.4			No
Percentage of students who ate potatoes one or more times during the past seven days								70.3	77.7			Yes
Percentage of students who ate carrots one or more times during the past seven days								45.6	50.9			No
Percentage of students who ate other vegetables one or more times during the past seven days								86.9	89.6			No

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Question	Prevalence Survey Year										Linear Change	Quadratic Change
	1991	1993	1995	1997	1999	2001	2003	2005	2007			
<b>Female</b>												
<b>Weight Management and Dietary Behaviors</b>												
Percentage of students who ate fruits and vegetables five or more times per day during the past seven days								14.1	17.0		No	

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Question	Prevalence Survey Year										Linear Change	Quadratic Change
	1991	1993	1995	1997	1999	2001	2003	2005	2007			
<b>Female</b>												
<b>Physical Activity</b>												
Percentage of students who were physically active for a total of at least 60 minutes per day on five or more of the past seven days								32.8	47.8		Yes	
Percentage of students who watched three or more hours per day of TV on an average school day								27.4	26.0		No	
Percentage of students who played video or computer games or used a computer for something that was not school work three or more hours per day on an average school day								17.4	15.5		No	
Percentage of students who attended physical education (PE) classes on one or more days in an average week when they were in school								97.8	95.6		No	
Percentage of students who attended physical education (PE) classes daily in an average week when they were in school								6.0	2.4		No	
Percentage of students who played on one or more sports teams during the past 12 months								58.2	66.4		No	

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Question	Prevalence Survey Year										Linear Change	Quadratic Change
	1991	1993	1995	1997	1999	2001	2003	2005	2007			
<b>Female</b>												
<b>Other</b>												
Percentage of students who had ever been told by a doctor or nurse that they had asthma								24.5	24.8		No	

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	1991	1993	1995	1997	1999	2001	2003	2005	2007			
<b>White*</b>												
<b>Tobacco Use</b>												
Percentage of students who ever tried cigarette smoking, even one or two puffs								53.5	48.7		No	
Percentage of students who smoked a whole cigarette for the first time before age 13 years								16.4	11.5		Yes	
Percentage of students who smoked cigarettes on one or more of the past 30 days								19.4	16.7		No	
Percentage of students who smoked cigarettes on 20 or more of the past 30 days								9.1	9.5		No	
Percentage of students who smoked cigarettes on school property on one or more of the past 30 days								4.3	3.5		No	
Percentage of students who ever smoked cigarettes daily, that is, at least one cigarette every day for 30 days								13.6	12.4		No	

\*Non-Hispanic.

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Question	Prevalence Survey Year										Linear Change	Quadratic Change
	1991	1993	1995	1997	1999	2001	2003	2005	2007			
<b>White*</b>												
<b>Weight Management and Dietary Behaviors</b>												
Percentage of students who were at risk for becoming overweight (i.e., at or above the 85th percentile but below the 95th percentile for body mass index, by age and sex)**								16.0	13.5		No	
Percentage of students who were overweight (i.e., at or above the 95th percentile for body mass index, by age and sex)**								15.4	16.0		No	
Percentage of students who described themselves as slightly or very overweight								33.9	30.4		No	
Percentage of students who were trying to lose weight								48.6	46.7		No	
Percentage of students who exercised to lose weight or to keep from gaining weight during the past 30 days								64.4	67.3		No	
Percentage of students who ate less food, fewer calories, or foods low in fat to lose weight or to keep from gaining weight during the past 30 days								37.3	40.0		No	
Percentage of students who went without eating for 24 hours or more to lose weight or to keep from gaining weight during the past 30 days								9.7	9.8		No	

\*Non-Hispanic.

\*\*Overweight and at risk for becoming overweight prevalence estimates for 1999 differ slightly from previously published results because different BMI cut points were used in 1999 than in subsequent years. To make these prevalence estimates comparable, the 1999 prevalence estimates were recalculated using the updated BMI cut points.

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	1991	1993	1995	1997	1999	2001	2003	2005	2007			
<b>White*</b>												
<b>Weight Management and Dietary Behaviors</b>												
Percentage of students who took any diet pills, powders, or liquids without a doctor's advice to lose weight or to keep from gaining weight during the past 30 days								3.5	4.7		No	
Percentage of students who vomited or took laxatives to lose weight or to keep from gaining weight during the past 30 days								2.9	3.6		No	
Percentage of students who drank 100% fruit juices one or more times during the past seven days								83.2	80.5		No	
Percentage of students who ate fruit one or more times during the past seven days								86.8	87.4		No	
Percentage of students who ate green salad one or more times during the past seven days								67.9	69.0		No	
Percentage of students who ate potatoes one or more times during the past seven days								73.5	77.2		Yes	
Percentage of students who ate carrots one or more times during the past seven days								48.5	49.6		No	
Percentage of students who ate other vegetables one or more times during the past seven days								86.5	85.9		No	

\*Non-Hispanic.

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	1991	1993	1995	1997	1999	2001	2003	2005	2007			
<b>White*</b>												
<b>Weight Management and Dietary Behaviors</b>												
Percentage of students who ate fruits and vegetables five or more times per day during the past seven days								16.1	17.0		No	

\*Non-Hispanic.

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Question	Prevalence Survey Year										Linear Change	Quadratic Change
	1991	1993	1995	1997	1999	2001	2003	2005	2007			
<b>White*</b>												
<b>Physical Activity</b>												
Percentage of students who were physically active for a total of at least 60 minutes per day on five or more of the past seven days								40.9	52.4		Yes	
Percentage of students who watched three or more hours per day of TV on an average school day								24.6	27.3		No	
Percentage of students who played video or computer games or used a computer for something that was not school work three or more hours per day on an average school day								21.0	22.0		No	
Percentage of students who attended physical education (PE) classes on one or more days in an average week when they were in school								97.6	95.5		No	
Percentage of students who attended physical education (PE) classes daily in an average week when they were in school								4.6	2.7		No	
Percentage of students who played on one or more sports teams during the past 12 months								59.7	65.4		No	

\*Non-Hispanic.

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	1991	1993	1995	1997	1999	2001	2003	2005	2007			
<b>White*</b>												
<b>Other</b>												
Percentage of students who had ever been told by a doctor or nurse that they had asthma								22.9	22.6		No	

\*Non-Hispanic.